# **Information from Dr Charles E Loops DVM**

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"Homeopathy is one of the rare medical approaches which carries no penalties - only benefits"-Yehudi Menuhin, Violinist.

"Yehudi Menuhin's statement is one of several reasons I became interested in Homeopathy and frustrated with "allopathic medicine". After 10 years of traditional veterinary practice I became tired of having no treatment for chronic disease, incurable conditions, and a plethora of allergic maladies which seem to plague all veterinary practices. I was frustrated with giving animals cortisone because I had no other solutions, or using antibiotics for infections which I knew were of viral origin.

At this time I had some chronic health problems, which had been unresolvable allopathically, but they responded to treatment by homeopathy. It took some time but it worked.!

This is when my philosophy about disease changed and my interest in classical homeopathy began. I studied with Richard Pitcairn, DVM, going to workshops that he offered for several years. I completed a year of study with Linda Johnston, M.D., author of *Everyday Miracles* who had a very successful homeopathic practice in Ca.. I have studied extensively and continue to do so.

I progressively added homeopathy to my practice over a 4 year period and in February of 1992, I sold this practice so that I could devote myself to veterinary homeopathy exclusively.

Now that my practice is 90% by telephone and I rarely get to see my patients or their owners by photograph, I thought that you might appreciate a little background information on me and a photograph. {Which I have}.

## THE VACCINATION DILEMMA and YOUR HEALTHY COMPANIONS

Homeopathic veterinarians and other holistic practitioners have maintained for some time that vaccinations do more harm than they provide benefits. Vaccinations represent a major assault on the body's immune system. Attentuated organisms or chemicalled killed viruses or bacteria are injected directly into the blood stream, an unnatural route of infection. This profound insult, avoiding the body's first line of defenses, and flooding the system with millions of organisms or viral particles, stresses the immune system in a way not of natures design. This insult causes irregularities and abnormalities in the immune system which then manifests as chronic diseases in animals. These chronic diseases range from life-threatening conditions such as auto-immune crises to conditions destroying the quality of life of an animal as in chronic skin allergies.

What we are now seeing are generations of over-vaccinated animals and these current offspring are suffering the penalty of this medical abuse. In an attempt to control a naturally occurring process of population control and survival of the fittest, the medical establishment has convinced people that mass innoculations are for the good of all, overlooking the health of the individual. Where vaccinations have helped in eradicating or reducing the incidence of severe, acute disease processes, the result has been to plague humanity with more insiduous, chronic diseases that are much more difficult to treat and that lower the quality of life for many individual animals and people.

In all of this, there needs to be BALANCE, and the following are my recommendations for vaccinating or not vaccinating and some comments about diet.

# 1. Puppies under three months of age should not be vaccinated.

Vaccinations are much more stressful on the underdeveloped immune system. Also, these vaccinations are much less effective at providing immunity before three months of age. If you feel you must vaccinate, do so with one vaccination of Distemper at three months, followed by a vaccination for Parvovirus at four months of age, and stop with that. If you can't find a single Distemper vaccine use the Distemper-measles combination. Use killed vaccines only.

2. Kittens should only be vaccinated for Panleukopenia and not before three months of age. All other vaccinations should be avoided. One vaccine is sufficient.

3. Puppies and kittens can be given homeopathic nosodes beginning at three weeks of age, if there is a potential for exposure to Distemper, Parvovirus, or Panleukopenia. These nosodes can be used until vaccinations are given or continued periodically for the first year of life, if vaccinations are not given. Common sense should be used in avoiding exposure of very young animals to other, possible unhealthy, animals of the same species.

**4. Booster vaccinations are completely unnecessary.** Studies are now showing that these vaccinations are effective for many years and most probably for life. Vaccinated animals do not need any boosters. Homeopathic nosodes can be given periodically if you are concerned or if you think your animals live a high risk, life style.

5. Rabies Vaccinations should be given as dictated by state laws. Lyssin, the homeopathic nosode, should be given within a few hours after the vaccination. Clearly, the rabies vaccination is effective for many years more than state laws require booster vaccination.

6. Booster vaccinations can cause SEVERE set-backs when an animal is being treated homeopathically for chronic problems. They can completely erase any progress that has been made towards improving an animal's health.

7. *My personal recommendation is NOT to vaccinate at all.* The best road to good health is feeding a diet rich in fresh foods, raw meats for the carnivores, and avoiding vaccinations and allopathic medications. Antbiotics and other allopathic drugs should only be used in situations where their use is clearly indicated, and this should be only in potentially, life-threatening situations. Every time you suppress a symptom the body produces, you are potentially lowering the health status of the body system. Treating with the correctly prescribed, homeopathic remedy, herbs, or other non-invasive therapies, not of a chemical nature, will enhance your health and your companions health.

8. Commercial diets should be carefully chosen. Your companion is at the mercy of your good or poor judgement in selecting foods. Cats and dogs which have free access to the outside can to some degree supplement their diet. Otherwise, they are totally dependent on you. Science diets and Hill's dog and cat food products are not good diets. They use chemical preservatives that have been shown to cause problems in some animals, and they use by-products, which are words on the ingredient label that need to be avoided at all costs. This generally means food not utilized for human consumption. If you feed a carefully selected commercial food, some supplementation with fresh food is necessary to maximize your companions' health. Raw poultry, beef, lamb, or rabbit and occassionally liver should be added to the diet at least three times per week, and fresh vegetables in small amounts should also be offered.

9, The best diet is a RAW FOOD DIET and we have recipes. There are also many good books with recipes for raw diets.

The following is Dr Loops recommended schedule for Nosodes

#### SCHEDULE FOR IMMUNIZATION WITH NOSODES

#### FOR PUPPIES 3 WKS TO 6 WKS

[Begin or give nosodes on same day of each week]

A dose of nosode is 4-6 drops of the nosode on the tongue.

WEEK ONE - Give 30C Parvo Nosode once [twice] daily for 2 days
WEEK TWO - Give 30C Parvo Nosode once daily for 5 days
WEEK THREE - Give 200C Parvo Nosode once
WEEK FOUR - Give 30C Distemper Nosode [twice] daily for 2 days
WEEK FIVE - Give 30C Distemper Nosode once
WEEK SIX - Give 200C Distemper Nosode once
WEEK SEVEN - Wait
WEEK EIGHT - Give 200C Parvo Nosode once
WEEK NINE - Wait
WEEK TEN - Give 200C Distemper Nosode once
WEEK TEN - Give 1M Parvo Nosode
WEEK EIGHTEEN - Give 1M Distemper Nosode

### REPEAT THE 1M DOSES EVERY 4 MONTHS WITH ONE MONTH IN BETWEEN THE PARVO AND DISTEMPER NOSODES. AFTER SEVERAL REPETITIONS THE SCHEDULE CAN BE STOPPED AT ONE TO TWO YEARS OF AGE DEPENDING ON THE POTENTIAL EXPOSURE.

*For nosode kennel cough protection*, give the 200C nosode once daily for two days, follow with one dose two weeks later. Wait until 6 months of age to begin. Repeat every 3-6 months depending on potential for exposure.

*For nosode Heartworm protection,* give the 200C nosode once daily for two days, follow with one dose two weeks later. Repeat once dose every 6 weeks.